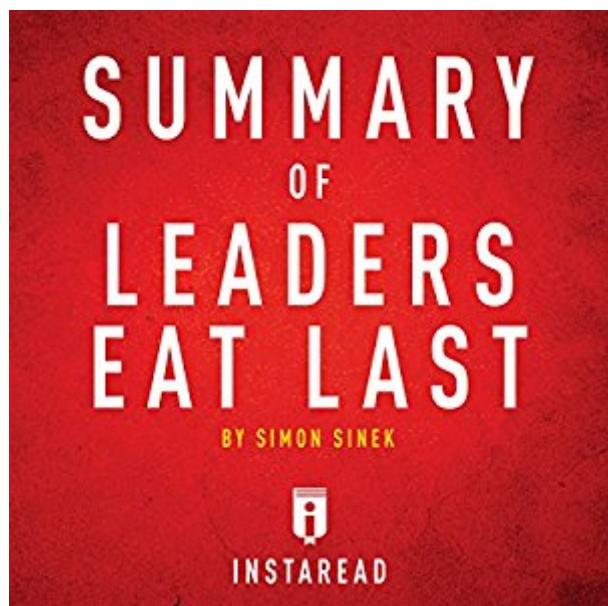


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# Summary Of Leaders Eat Last By Simon Sinek: Includes Analysis



## Synopsis

Leaders Eat Last by Simon Sinek advocates for a leadership style that focuses on serving others rather than pursuing shareholder goals or personal interests. Modern trends in leadership prioritize profits and executive bonuses over creating a healthy environment for employees. Leaders who think of themselves as serving their employees like family can increase job satisfaction and engagement, which reduces stress and increases productivity because employees feel secure. For example, in the US Marine Corps, the lowest-ranking soldiers eat first and the leaders eat last to ensure that everyone gets a chance to eat and feel cared for. The best leaders create a circle of safety that encompasses the entire company, which employees can extend to the customers they serve. Poor leaders extend that circle of safety only to their immediate supporters, which increases stress for those outside the circle who may believe that their jobs are not secure. Please note: This is key takeaways and analysis of the book and not the original book.

## Book Information

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## Customer Reviews

This is a summary of Simon Sinek's "Leaders Eat Last" and is not the original book. This book is especially great for those who are in leadership positions in their careers because it focuses on serving your employees in order to increase worth ethic and morale. The summary gives a brief description of what the entire book is about and then breaks down the book into 12 key takeaways. There is also an analysis included with each takeaway. The summary grabbed my attention and was well written. It will take you less than half an hour to read and is well organized.

excellent summary of the book.....easy to use for a book club meeting

This is about creating a collaborative, successful leadership style based on building and bolstering your team and employees. Points covered include:

- 1- Leaders should think of their employees before short term profit margins to drive long term success.
- 2- A good leader shows employees how their contributions fit into the whole, the results of their labors. This part reminds me of *Reality Is Broken: Why Games Make Us Better and How They Can Change the World* and how we don't normally feel our work is meaningful.
- 3- Good leaders make all employees feel safe, which in turn gets them to go out on a limb and contribute more fully.
- 4- Leadership communities are an evolutionary imperative. This part was particularly interesting.
- 5- Human hormones can drive us to selfish or selfless behavior.
- 6- People in high-stress situations often have health issues and people in low-stress situations are more engaged and productive. For some jobs this is unavoidable, but for a great many, the stress can be reduced or removed by making people feel their job is secure.
- 7- Companies that encourage the open sharing of ideas and are willing to admit to and learn from mistakes are better positioned to survive market or economic disruption.
- 8- Layoffs done to drive short term profits result in long term losses.
- 9- Leaders must convey their vision to their employees well enough employees can be empowered to make the decisions that will help carry it out. Decision making should be done by the person with the most information and a clear understanding of the vision and goal.
- 10- The WWII generation was far more selfless than the ones that came after.
- 11- We're building an addiction to selfish behaviors into the reward system of our society.
- 12- The drive to self-centered action is causing dysfunction in politics and the economy. This will have lasting ramifications.

I was especially interested in the generation shift between the WWII generation and the baby boomers with regard to leadership style, and how Generations X and Y fit into this. I would have liked to have seen some talk on the Millennials, but perhaps not enough of them are yet in leadership positions. I received an advanced readers copy of this book.

"Leaders Eat Last" by Simon Sinek advocates for a leadership style that focuses on serving others rather than pursuing shareholder goals or personal interests. Modern trends in leadership prioritize profits and executive bonuses over creating a healthy environment for employees. Leaders who think of themselves as serving their employees like family can increase job satisfaction and engagement, which reduces stress and increases productivity because employees feel secure. Instaread distills the 12 key takeaways of this textbook on leadership and adds additional analysis and insight. Each of the major points are thoroughly explained, and cover topics such as

why good leaders interacts in person with their employees; why humans want both personal achievement and cooperation; how a healthy corporate culture can survive. Despite what we think, the best leaders are not the selfish, goal orientated, riches-seekers we associate with MBA's. Rather, good leaders come from service and selfless behaviors.

In Leaders Eat Last, Simon Sinek argues for leaders who put subordinates and customers above stockholder benefit and personal gain. He bases this team-building philosophy on the military tradition wherein commanders and senior officers eat only after the junior military personnel have eaten. Summary of Leaders Eat Last by Simon Sinek by Instaread is an analysis of the book, giving a comprehensive overview of the main themes and the author's credentials. This brief summary provides enough information to enable a reader to determine whether or not the book itself is worth purchasing, and it has the added benefit of being able to be read in less than 15 minutes. This is a great tool for any bibliophile who would like an inexpensive (in time and money) way to get a sense of books without having to buy them first.

I received an advance copy of this title and loved the way this summary captured the essence of the title! This compares to a book entitled "Servant Leadership". A true leader gives a clear vision and wants to engage in sharing of ideas. Encouraging and ensuring a circle of safety is a true sign of the future leaders. Learning from mistakes and allowing that in order to grow is key. This is a must read instaread for the leader who gets the importance of being a servant for their employees!

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